



IV WELLNESS

MENU

IV WELLNESS MENU

'RECOVERY' — \$415

May boost your immune system & help you get back on your feet after illness, late nights & burnout.

500ml Hartmann's or saline solution for hydration, plus:

- 5-10g Vitamin C (Ascorbic Acid) - major antioxidant, immune function
- B-Complex Plus - cognitive & liver function + energy manufacture from macronutrients
- 495mg Magnesium - anti-anxiety, cognition & muscle repair
- 5.8mg Folic Acid - helps make red blood cells
- 2.65mg Zinc Chloride - helps immune & metabolic function, reduces inflammation

'METABOLISE' — \$395

May help to boost your energy & help with weight loss.

500ml Hartmann's or saline solution for hydration, plus:

- 2ml B-Complex - cognitive & liver function + energy manufacture from macronutrients
- 15-20mg Carnitine - mitochondria function, energy production
- 15-20mg Inositol - insulin regulation, balance of serotonin & dopamine
- 8-10mg Methionine - tissue repair & protein breakdown & synthesis
- 15-20mg Choline - memory, mood muscle control
- 0.5-1mg Methylcobalamin (Vit B12) - may help with nerve & red blood cell function

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'CALM' — \$395

May help reduce anxiety & stress, improve sleep & relax muscles.

500ml Hartmann's or saline solution for hydration, plus:

- 500mg Magnesium - anti-anxiety, cognition & muscle repair
- 50mg GABA - anti-anxiety, sleep improvement & gut health
- 50mg Serine - neuroprotective, CNS function
- 50mg Taurine - CNS & eye health, regulates immune & antioxidant function

'RADIANCE' — \$395

May help brighten the skin, hair & nails, reduce pigmentation & improve complexion*.

500ml Hartmann's or saline for hydration, plus:

- 200mg Lysine - helps produce carnitine, energy function
- 200mg Arginine - helps the body build protein, wound healing, hormone function
- 100mg Ornithine - helps body dispose of ammonia, may help with fatigue
- 60mg Glutamine - helps build proteins, supports immune & digestive system
- 10.6mg Zinc - helps immune & metabolic function, reduces inflammation in skin

***Ask your practitioner about adding on Biotin IM + Glutathione IV push**

\$50 each, or \$90 for both (radiance pair): Total \$485.

IV WELLNESS MENU

'FOCUS' — \$395

May help to improve mood & alertness & help to reduce 'brain fog'.

500ml Hartmann's or saline solution for hydration, plus:

- 5g Vitamin C (Ascorbic Acid) - major antioxidant, immune function
- 2ml B-Complex - cognitive & liver function + energy manufacture from macronutrients
- 495mg Magnesium - anti-anxiety, cognition & muscle repair
- 5.8mg Folic Acid - helps make red blood cells
- 2.65mg Zinc Chloride - helps immune & metabolic function, reduces inflammation
- 50mg Taurine - CNS & eye health, regulates immune & antioxidant function
- 102mg Carnitine - mitochondria function, energy production
- 100mg Inositol - insulin regulation, balance of serotonin & dopamine
- 50mg Methionine - tissue repair & protein breakdown & synthesis
- 100mg Choline - memory, mood muscle control
- 0.5-1mg Methylcobalamin (Vit B12) - may help with nerve & red blood cell function

Ask us about adding on an NAD S/C injection - \$100; Total \$495

'WORKOUT PLUS' — \$595

Our ultimate mega-mix of vitamins, amino acids & minerals to keep our seriously active friends going, whether it be gym, yoga, running, or line dancing!

500ml Hartmann's or saline solution for hydration, plus:

- 5g Vitamin C (Ascorbic Acid) - major antioxidant, immune function
- 2ml B-Complex - cognitive & liver function + energy manufacture from macronutrients
- 495mg Magnesium - anti-anxiety, cognition & muscle repair
- 5.8mg Folic Acid - helps make red blood cells
- 2.65mg Zinc Chloride - helps immune & metabolic function, reduces inflammation
- 200mg Lysine - helps produce carnitine, energy function
- 200mg Arginine - helps the body build protein, wound healing, hormone function
- 100mg Ornithine - helps body dispose of ammonia, may help with fatigue
- 60mg Glutamine - helps build proteins, supports immune & digestive system
- 102mg Carnitine - mitochondria function, energy production
- 100mg Inositol - insulin regulation, balance of serotonin & dopamine
- 50mg Methionine - tissue repair & protein breakdown & synthesis
- 100mg Choline - memory, mood muscle control
- 0.5-1mg Methylcobalamin (Vit B12) - may help with nerve & red blood cell function

Ask us about adding on an NAD S/C injection - \$100; Total \$695

NAD (Nicotinamide Adenine Dinucleotide) — From \$395

Touted as an 'anti-ageing' molecule, NAD is being extensively researched and utilised in a wide range of settings.

Used as part of a comprehensive and ongoing treatment plan, NAD may improve mood and energy levels, reduce anxiety & depression and assist with drug/alcohol dependence.

Our NAD infusions are tailored to your individual needs, please let us know during your initial consultation how we can help.

500ml Hartmann's/saline for hydration solution, plus:

- 125mg NAD - \$395
- 250mg NAD - \$550
- 500mg NAD - \$800

Add-On COQ10 25mg IM injection- \$50 with NAD/ \$75 standalone

IV WELLNESS ADD ON'S

Vitamins & Minerals

Add-On	With Premium IV	Standalone
Vitamin C	\$55	\$75
Magnesium	\$55	\$75
B-Complex	\$55	\$75
Vitamin B12 IM	\$55	\$75
Zinc	\$45	\$65
Folate	\$45	\$65

Beauty & Wellness

Add-On	With Premium IV	Standalone
Biotin IM	\$50	\$75
Glutathione Push	\$50	\$75
Radiance Pair (Biotin + Glutathione)	\$90	\$135

NAD+

NAD+ Subcutaneous | \$100 — Add to IV visit | \$140 — Standalone appointment

NAD+ appointments may require additional time and clinical assessment.

Hydration (Hartmanns)

500 mL — \$179 — Standalone appointment

1L — \$219 — Standalone appointment

Includes administration and clinical assessment.

All add-ons and treatments are subject to individual consultation, clinical assessment, suitability and prescribing requirements. Not every option will be appropriate for every client.